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# An Analytical Procedure for the Determination of Cadmium in Human Placentae

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Cadmium was determined in human placental tissue by flameless atomic absorption spectrometry (AAS). Several sampling, homogenizing and decomposition procedures were tested with regard to their suitability for flameless AAS. Main criteria involved recovery, representativity, contamination, accuracy and precision. Analysis **of** biological reference materials yielded results in agreement with reported certified values or grand means.

A sampling strategy was developed based on expected placental distribution patterns of the metal. The sampling method used appeared to be satisfactorily representative of the organ as a whole.

During 1978 and 1979 placentae were collected from mothers living in the Amsterdam area **in the** Netherlands. Mean placental cadmium **levels** of smokers (66+33ng/g dry weight) appeared to be slightly elevated compared to those of non-smokers  $(51 \pm 20 \text{ ng/g})$ .

**KEY WORDS:** Cadmium, analysis, biological tissue, placenta, smoking

#### **INTRODUCTION**

In recent years, the accumulation of certain trace elements in the human body has given rise to an increased concern. Amongst the heavy metals, cadmium is considered as one of the most hazardous, since environmental levels of this element appear to approach existing guideline values<sup> $1-3$ </sup>. In particular some vulnerable groups of the general population may be at

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risk, e.g. pregnant women and their fetuses. Reduced birth weights of new borns from women occupationally exposed to cadmium have been reported.<sup>4</sup> Moreover, in a few studies, cadmium was found to be embryotoxic to animals.<sup>5-7</sup> Effects on reproductive organs have been shown.<sup>5,8</sup> To establish body burdens of environmental pollutants, the trace element analysis of human body fluids and human tissues has become of particular interest.<sup>9,10</sup> Since the kidney is considered as the critical organ for cadmium exposure, monitoring should be focused, by preference, on easy obtainable tissues and/or body fluids that show a distinct relation to the cadmium burden of the kidney.

From epidemiological studies Lauwerijs et al.<sup>13</sup> concluded that cadmium in blood appears to reflect mainly recent exposure, whereas cadmium in urine either reflects integrated exposure  $(=$  body burden) at low exposure levels or recent exposure at high levels of exposure. Recently, the in vivo measurement of metals in kidney and liver by prompt  $\gamma$ -ray spectroscopy has been used in monitoring occupational exposure.<sup>11, 12</sup> In a recent workshop of the CEC/WHO/IUPAC the analysis of cadmium in blood, tissue and hair was recommended for monitoring purposes.<sup>14</sup> The human placenta has been advocated as a suitable indicator for environmental exposure to heavy metals "because of its unique lifetime of several months, thus reflecting an integrated environmental exposure".<sup>15</sup>

Several authors have reported on the determination of cadmium in human placentae. Data up to January 1980 are summarized in Table **I.**  The rather divergent results cannot be explained only by different exposure levels. **A** variety of procedures for sampling, sample handling and analysis has been used. Except for the study of Thieme *et al.*<sup>19</sup> no systematic evaluations of accuracy and precision of the analytical procedures were presented. Special emphasis was therefore laid **on** the quality control of the analytical procedure used in our study.

We developed a simple, low-cost and relatively rapid method for the routine determination of cadmium in human placental tissue by flameless **AAS. A** sampling procedure including homogenizing was developed in order to get representative aliquots, since cadmium may be inhomogeneously distributed within the organ. Two wet-decomposition procedures were tested on their suitability for the flameless **AAS**  determination. The reliability of the results of this study was evaluated by analyzing standard biological reference materials and by recovery determinations. Furthermore some of the results of the placenta determinations were compared with those of two other analytical methods, viz. destructive neutron activation analysis and dithizoneextraction-UV spectrophotometry.





tprobably wet weight, not properly specified by authors

We applied this procedure to determine cadmium levels in placentae from non-smokers and smokers (smoking 15 or more cigarettes/day). Smoking has been shown to contribute considerably to the daily intake of cadmium<sup>1-3</sup>, of which a small portion is accumulated in the placenta<sup>23,25</sup>.

## **MATERIALS AND METHODS**

#### **Sample Collection**

During 1978 and 1979 61 term placentae were obtained from the Department of Obstetrics and Gynaecology of the Wilhelmina Gasthuis in Amsterdam. The placentae were collected in two separate series, indicated as series A ( $n = 23$ ) and series B ( $n = 38$ ). The results of series A were used to optimize sampling, pretreatment and chemical analysis of series B. All women that were selected lived in the Amsterdam area. Smoking habits were examined by means of questionaires. For series A this was performed only once at a prenatal visit, whereas for series B the questionaires were filled in at three different stages during pregnancy (at month **3,** at midpregnancy and after delivery). The umbilical cord was cut at least 3min after delivery. Placentae were collected in acid cleaned stainless steel dishes. After weighing the placentae of series A were put in a  $6\%$ 

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formaldehyde solution during 2-5 days, as this was a standard procedure in the clinic, including also routine examination of the organ on infarcts. Then several blocks were cut and prepared for routine light microscopy.

Subsequently the placentae were transferred to polyethylene bags, which were previously examined on contamination, and stored in a deep-freezer at  $-20^{\circ}$ C. Regular samples were taken from the formaldehyde solutions to examine possible interfering adsorption and/or migration processes.

Placentae of series **B** were sampled directly after delivery, using acid cleaned carbon steel scalpels. Approximately one half of each placenta was collected and stored in polyethylene bags at  $-80^{\circ}\text{C}$  in a Format 8107 ultra-freezer.

For both series code numbers were given to the samples at the clinic in order to perform genuine blind analysis. The placentae were transported to the laboratory in insulated boxes on dry ice and stored at  $-40^{\circ}$ C until the final analysis.

#### **Sample Preparation**

After recording the as received weight the placentae were thawed overnight at 4°C. No significant weight changes were observed during thawing for placentae of series A. For placentae of series B the blood losses during thawing varied from  $13-33\%$  of the as received weight (mean, 21%, standard deviation,  $6\frac{9}{6}$ ; n = 38). To avoid contamination and metal losses sample preparation was kept limited. Adhering blood clots were removed. Easily removable membranes were cut off. This resulted in a mean weight loss of  $3.2\%$  with regard to the as received weight.

Radial samples (see Fig. 1 below) of approximately 80g were dissected. Carbon steel scalpels and petri dishes ( $\phi = 25$  cm) were applied for the preparation of series **A.** Materials with lower cadmium contamination potency were used for the preparation of samples of series B: cutting was performed with titanium knives (obtained from IAEA, Vienna), PTFE spatulas and perspex pincets in polyethylene boxes. Directly after preparation the wet weight was determined. Subsequently the samples were lyophilized to constant weight in a freeze-dryer (Virtis, cold trap  $-60^{\circ}$ C, 0.1 Torr). Constant weight was achieved for all samples after a drying period of **120** h.

The dried samples were homogenized with a Retsch-Ultra centrifuge mill  $(ZM - 1$ , ring sieve 0.12 mm, 12,000 r.p.m.) and stored in polyethylene jars in the dark at room temperature.

#### **Wet Decomposition**

From each homogenized placental sample of series **A** four aliquots of

500mg were taken with a PTFE spatula and transferred to 30-ml borosilicate Kjeldahl flasks.

Every four aliquots one blank sample was included. Blanks and samples were digested with 2.0ml HNO, (Merck, Suprapur no. 441) and 1.0ml HC104 (Baker Analysed, no. 6022) during 2 h on **a** destruction block, the temperature of which was raised from 120 to 250°C at the end of the destruction. After decomposition the samples were cooled, transferred to volumetric flasks, diluted to 25ml with twice distilled water (bidist) and stored in polyethylene cups at 4°C.



FIGURE 1 Diagram outlining the sampling procedures used for representativity studies.

#### **Pressurized Decomposition**

Three aliquots of 150mg of samples of series **B** were decomposed with 1.0ml HNO, (Baker Ultrex 4801) in pressurized PTFE vessels (Parr, acid destruciion bomb 4746) at **165°C** during 2 h in a muffle furnace. Residue formation was avoided by a rapid cooling procedure in a  $-40^{\circ}$ C atmosphere during 45 min. The sample solutions were quantitatively transferred to volumetric flasks, diluted to 10ml with bidist and stored in polyethylene cups at **4°C.** Each series of three aliquots included a blank sample.

#### **Analysis**

Analysis was performed by flameless AAS with a Perkin Elmer  $-403$ spectrometer and a HGA-72 graphite atomizer. Deuterium background

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correction was applied in order to correct for broad band absorption. From preliminary analysis of standards and samples it was concluded that standard addition calibration had to be applied. A standard stock solution of 1OOOppm Cd was prepared by dissolving MerckTitrisol 9960 in a 0.1 N HNO, solution. Standards in the *0-4* ppb range were prepared daily in polyethylene volumetric flasks. Aliquots of  $50 \mu l$  were injected manually with Eppendorf micropipets for series A. Better precision and a reduction of accidental contamination was achieved for series B, where samples were injected with a Perkin Elmer AS-1 autosampler.





Instrumental settings (Table **11)** were chosen according to manufacturers manuals and/or derived from well-known optimizing procedures.<sup>26-28</sup> Absorbance signals were recorded on a Kipp BD-8 recorder. No scale expansion was applied. Peak heights were measured manually. Sample concentrations were calculated from least-squares addition plots. After blank correction dry- and wet-weight placental cadmium concentrations were calculated. As blank levels did not show significant changes with time (2 months) a mean blank level was used for correction. Chauvenet's criterion was used to exclude outlying values.

#### **Cleaning and Contamination Control**

As placental cadmium concentrations are usually in the  $\frac{ng}{g}$  range, cleaning procedures and contamination control were a prerequisite. Prior to acid cleaning materials were cleaned with a laboratory detergent (Extran, Merck 7550) and rinsed with demineralized water.

All materials used for determination, analysis and storage were rinsed with  $6N$  HNO<sub>3</sub> followed by five fold rinsing with bidist. Sampling materials were rinsed with 1N  $HNO<sub>3</sub>$  and bidist (5x). PTFE cups used for pressurized decomposition were placed for 1 h in a hot  $6N$  HNO<sub>3</sub> solution, prior to the above described cleaning procedure. AS-1 PTFE sample cups, micropipet tips, borosilicate Kjeldahl flasks and volumetric flasks for sample dilution were soaked in a  $0.6N$  HNO, solution during at least 24h before acid cleaning with the  $6N HNO<sub>3</sub>$  solution. All materials were dried at 60°C in a drying oven and stored in closed polyethylene containers.

Reagents and bidist were regularly analysed for cadmium contamination. During all activities Kimguard surgical gloves were worn.

## **RESULTS AND DISCUSSION**

Placental tissue can be regarded as relatively homogeneous; nevertheless one may expect that cadmium (and other metals) are not evenly distributed over the organ. To get a representative sample one has to account for this possibly inhomogeneous distribution of the metal. Samples large enough to include different tissue types<sup>29</sup> should be taken and carefully homogenized before analysis. We designed different sampling procedures, as presented in Fig. **1.** Cadmium accumulation may differ between central and periferal parts of the placenta. Consequently the radial sampling should possibly represent an adequate sampling procedure. This was tested by analyzing 5 duplicate radial samples of series B. Differences between central and periferal regions of the placenta were studied by analyzing two groups of 5 related central and periferal samples of series B. The wet weights of radial, central and periferal samples were approximately 80 g each. Differences between related parts were tested on significance with the *t*-statistic for two means.

The results of the comparison between different regions of placentas are shown in Table **111.** No statistically significant differences were found between the cadmium contents of the different parts of a placenta, irrespective of the sampling procedure used. That is, taking samples either in a radial or a periferal/central way of sufficient size (approx.  $80g$ ) and subsequently homogenizing it according to the present procedure yields representative aliquots for analysis of cadmium.

Spike recovery studies on both  $HNO<sub>3</sub>-HClO<sub>4</sub>$  and pressurized  $HNO<sub>3</sub>$ decomposition were performed by volumetric addition of known amounts of dissolved CdCl<sub>2</sub> to homogenized samples. After analysis of spiked and non-spiked samples the recovery rate was determined as  $100\% \times Cd$ found/Cd added. The results were  $102 \pm 11\%$  *n*=9) for method I and 98  $\pm 16\%$  (n=5) for method II. The ranges found can be considered as usual in trace element analysis.

Analysis and decomposition of standard reference materials were identical to that of placental samples. The moisture content of the reference materials was determined by freezedrying separate aliquots. **NBS**  bovine liver (SRM-1577) and Bowens kale were digested with both **TABLE 111** 

Verification of the representativity **of** different parts of a placenta by comparison of cadmium contents (in ng/g dry weight) in these parts



**Differences not significant at .20 level (two tailed)** 

<sup>**b</sup> See Fig. 1</sup>** 

**Statistics for two means**  ' **Arbitrary**  :' **Degrees of freedom** 

procedures. **By** mediation of the Dutch Interuniversitary Reactor Institute, Delft, single-cell protein (BCR *0006),* which will be issued in the future as a reference material with low cadmium content, was obtained from the reference bureau of the CEC. Single-cell protein was only decomposed by the pressurized HNO, method. The IAEA Copepoda sample was analyzed by the open digestion method only. The results are presented in Table **IV.**  Determined values are in reasonable agreement with certified or reported values, although in all cases the determined value is somewhat higher. It should be noted however, that most of the available biological reference samples have cadmium contents in the 100-1500 ppb range. Attention should be focused on the single-cell protein determinations, since only this material contains cadmium in **a** concentration range comparable to placental tissue. Moreover, the definition term of standard reference material does not genuinely apply to Bowen's kale nor to Copepoda since the "certified" value is a grand mean of (several) hundreds of determinations made all

over the world; the "certified" value, in fact, may alter every year. When applied to aliquots of one placenta homogenate, both method I and I1 yielded results in good agreement, as can be seen from the last column in Table IV.

#### TABLE **IV**

Comparison between  $HNO<sub>3</sub>-HClO<sub>4</sub>$  decomposition (1) and pressurized  $HNO<sub>3</sub>$  decomposition **(11)** in the analysis of cadmium in standard reference materials and one placenta sample (concentrations in ng/g cadmium, dry weight)

		Single- cell protein CEC	<b>SRM 1577</b> bovine liver <b>NBS</b>	Bowen's kale	$MA-A-1$ Copepoda <b>IAEA</b>	Human placenta	
reported value		$30 + 2$	$270 + 40$	$850 + 150$	$750 + 30$		
determined value	method I $n =$ method II	n.d. $37 + 9$	$328 + 24$ 5 $310 + 11$	$1060 + 160$ 10 $1030 \pm 220$	n.d. $877 + 95$	$78 + 9$ 4 $87 + 8$	
	$n =$	5	4	6	4	3	

**n.d. =not** determined

TABLE V

Cadmium contents (ng/g dry weight) in placenta samples analyzed by different methods.

Sample	AAS			Destructive NAA			Dithizone-UV/Vis.		
	mean	s.d.	$\mathbf n$	mean	s.d.	n	mean	s.d.	
placenta 17	84	17	Δ	62					
placenta 18	36	8	4	46	٦				
placenta 19	37						40		

In a small-scale intercomparison study two placental samples were analyzed by the Dutch Interuniversitary Reactor Institute, according to a destructive neutron activation analysis method.<sup>30</sup> Another sample was analyzed by the Department of Nuclear Chemistry, Physics Laboratory, Free University, Amsterdam, according to a spectrophotometric method.<sup>31</sup> In Table V the results of the flameless AAS determination using the open digestion method (I) are compared with those of the two other analytical procedures; three samples from the series **A** were used in this intercomparison experiment.

This set of four accuracy .control experiments points out that the

analytical procedures can be considered as practically non-biased, either with the  $HNO<sub>3</sub>-HClO<sub>4</sub>$  or with the pressurized  $HNO<sub>3</sub>$  decomposition.

Two series of placentae from smokers and non-smokers living in the Amsterdam area were analyzed according to the above methods. Series A, consisting of 23 placentae (12 from non-smoking women and 11 from women smoking 15-25 cigarettes/day) was determined according to method **I,** whereas series **B** (38 placentae, 19 from non-smokers and 19 from women smoking 20–50 cigarettes/day) was determined according to method **11.** 



**FIGURE 2 Cadmium concentrations (in ppb dry weight) in human placentae from nonsmokers and smokers from the Amsterdam area in 1978 (series A) and 1979 (series B).** 

The repeatability of the analytical procedure was determined by analysis of 4 aliquots of one sample in method **I** and 3 aliquots of one sample in method **II**. Mean repeatability using method **I** was  $28\frac{6}{6}$  (n=23), whereas method **II** showed a mean repeatability of 21  $\frac{9}{6}$  ( $n = 38$ ). This decrease can be partly attributed<sup>32</sup> to the reduction of the blank level from  $20 \pm 9$ ng cadmium in method I to  $2.7 \pm 1.7$  ng cadmium in method II. The results are shown in Fig. 2, cadmium concentrations being given in parts per billion (ng/g) dry weight basis.

From accuracy as well as precision data it can be concluded that both methods will yield comparable results, when applied to the same sample material. This is confirmed by the results of the non-smoking groups of series **A** and series B, which can be regarded with respect to cadmium exposure as samples from the same population. Dry weight placental cadmium levels for the non-smoking women of series **A** and series B were found to be  $48 \pm 22$  ppb  $(n=12)$  and  $53 \pm 20$  ppb  $(n=19)$ . As women of series B smoked 20–50 cigarettes a day, whereas in series A tobacco consumption was 15-25 cigarettes/day, we expected to find slightly elevated cadmium levels for series B. **As** can be seen from Fig. 2 we found smokers of series A to have a higher cadmium content  $(83 \pm 38 \text{ pb})$ , *n*  $=11$ ) than smokers of series B (57 $\pm$ 26 ppb,  $n=19$ ). Individual consumption habits, sizes of the investigated populations and differences in individual cadmium absorption rates may account for this, as will be discussed elsewhere.

When both series **A** and series B are combined mean cadmium contents of placentae from smokers  $(66 \pm 33 \text{ pb}$ ,  $n=30$ ) are slightly increased (29 %) compared to non-smokers (51  $\pm$  20 ppb, *n* = 31). The difference appeared to be weakly significant at a  $p < 0.05$  level (Mann Whitney-U test). Roels et al.<sup>23</sup> reported a comparable difference for placentae of smoking and non-smoking mothers in Belgium.

When the results of this study are compared with literature data (Table I) dry/wet weight conversion factors have to be applied. Here the problem arises how to define analytically the wet weight of a placenta. Unfortunately, authors have not always been clear with regard to this aspect, thereby preventing an accurate comparison. One of the main difficulties is the blood loss during thawing of the fresh frozen placental samples. **As** cadmium blood levels of the general population tend to be rather low<sup>1-3</sup>  $(< 5$  ppb) the total amount of cadmium in a placenta will be influenced only slightly by blood losses during thawing. However, blood losses can account for as high as  $20\%$  of the total as received weight of a placenta, resulting in an underestimation of the wet-weight concentration. Therefore, in this study, the wet-weight determination was standardized in such a way, that it was measured after thawing and preparation. In this manner a mean dry/wet weight conversion factor of 5.6 was obtained, which corresponds with the value of 6.02 reported by Baglan *et al.*<sup>15</sup> The wet-weight concentrations for placentae of smokers and non-smokers were found to be  $12 \pm 6$  ppb  $(n=30)$  and  $9 \pm 4$   $(n=31)$ . **As** can be seen from Table I this agrees very well with data of Roels *et*   $al^{23}$ , Thieme *et al.*<sup>19</sup> and Baglan *et al.*<sup>15</sup>

Considering the results of the present study, as well as reliable data from the literature (see Table **I),** we conclude that placental cadmium

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concentrations will fall in the range of about 2-75 ppb, wet-weight, for the general population in the western industrialized countries. Higher reported values should probably be attributed to poor analytical procedures and contamination during pretreatment. Occupationally or otherwise heavily exposed individuals may well display higher levels.

# **CONCLUSIONS**

Representative sampling of the human placenta can be performed by cutting a sufficiently large sample (i.e.  $70-100g$ ), either in a radial or central/periferal way and subsequent homogenizing. Both wet digestion by perchloric and nitric acid and pressurized decomposition with nitric acid yield repeatable and accurate results when determining cadmium in placental samples with flameless **AAS.** The pressurized decomposition method is to be preferred because of its speed and low contamination risk. Careful examination of the accuracy and precision of the results should always be carried out when ppb levels of cadmium are analyzed. There is a need for standard reference materials in the ppb range. Wet weight cadmium concentrations can be severely influenced by preparation conditions.

In the present study, mean placental cadmium levels of smokers  $(66 + 33)$ ppb, dry-weight) appeared to be slightly elevated compared to those of non-smokers (51 $\pm$ 20 ppb). These figures and data from the literature point out that cadmium concentrations in human placentae will fall in the range of about 2-75 ppb, wet-weight, considering the general population in Western Europe and the **US.** 

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